

New Client Questionnaire

Amanda Clements, CPC, ELI-MP, CPDS

Purpose

Use this questionnaire to clarify the reason a client is seeking help.

Benefit

This questionnaire helps the coach and client gain clarity on the purpose of their work together. It also provides the coach with a solid starting point and direction.

How to Use This Tool

Have all potential clients fill out this form prior to the first session. This will help the coach not only prepare, but to also be as effective as possible within the session time constraints.

New Client Questionnaire

Name: _____ DOB: _____

Sport: _____ Years playing: _____

Reason(s) for seeking help:

When/how did the issues begin?

Goal(s) for working together:

Credit: The concepts inherent in this article are the author's interpretation of materials issued by iPEC®.